PURE ATHLETICS NTC INVITATIONAL

SUNDAY, APRIL 22, 2023

NATIONAL TRAINING CENTER

1935 DON <u>WICKHAM DRIVE</u>

CLERMONT, FL 34711

WWW.PURENTC.COM



RUNNING EVENTS STARTING AT 8:00AM (rolling schedule)

3000m (ages 11-18)

110m Hurdles (Male ages 15-18)

Trolli fluidles (Male ages 13-16)

100m Hurdles (ages 13-18)

80m Hurdles (ages 11 & 12)

100m (ages 5-18) (Oldest to Youngest)

200m Hurdles (ages 13 & 14)

1500m Race Walk (9-18)

1500m (ages 7-18)

60m Dash (8 & under)

400m (ages 7-18)

4x100m (ages 7-18)

800m (ages 7-18)

200m (ages 5-18)

4x400m (ages 7-18)

4x800 (Middle School Division)

Starting blocks furnished by NTC

Athletes are responsible for bringing their own implements for competition

1/4" PYRAMID SPIKES ONLY

Entries capped at 800 athletes. Register early!

Entry Deadline 4/18/23 11:59pm

Entry Fee: \$25 http://www.coacho.com Spectator Entry: (Under 6 Free) \$15.00 online No cash payments

FIELD EVENTS STARTING 7:30AM

(rolling schedule)

7:30am Discus (ages 11 & up) Oldest to Youngest

Then:

Javelin Throw (ages 13 & up) (Oldest to

Youngest)

Turbo Javelin (ages 7 -12) (Oldest to Youngest)

8am Shot Put (ages 9 -18) (Youngest to Oldest)

8am Long Jump (Youngest to Oldest)

Triple Jump (ages 13 & up) (Oldest to Youngest)

9am Pole Vault (ages 13 & up)

12pm High Jump (ages 9-18) (Youngest to Oldest)

Contact: Cristy Snellgroves 941-320-6607