



PURE Athletics NTC Membership Handbook

[**parentc@gmail.com**](mailto:parentc@gmail.com)

PURE ATHLETICS NATIONAL TRACK CLUB (NTC) offers Track & Field and Cross Country training and competitive opportunities for youth athletes, ages 7-18, with the mission to empower athletes to reach their full potential by developing self-confidence, leadership skills, sportsmanship, self-discipline, teamwork, and integrity through athletics. The program will promote athletic development by teaching fundamental skills in speed development, biomechanics, field events, and distance running.

Training takes place at the National Training Center Track & Field Complex. All levels are welcome, from beginners to competitive athletes.

Thank you for your interest in our program and we look forward to seeing you on the track!

PURE SPEED, PURE DISTANCE, PURE FUN!

PURE Athletics NTC is a registered CLUB WITH THE AAU AND USATF. The staff is comprised of volunteer coaches, assistants, and parents, all with the mutual goal to provide a safe and positive atmosphere for athletic training for youth athletes. Participation is open to children from the ages of 7 to 18 years old.

PURE Athletics NTC Track Club Coaches

PURE Athletics Track Club coaches have a wide range of experience in the event specialties and have coached Olympic medalists and elite, collegiate, high school, and youth athletes. This diverse mix of knowledge and experience provides a great learning opportunity for your child. Coaches are all USATF and/or AAU certified coaches and have passed background checks.

Cristy Snellgroves –Director
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